


# 40-Hour Basic Occupational Safety & Health (BOSH) Training Course

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 Seminar

 3 Dates available

 Certificate of Completion

 Virtual learning

 40 Lessons

 Available online

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Seminar Number: PH-C01-BOSH-VC

Status: 01.09.2024. All current information can be found at <https://academy-ph.tuv.com/s/PH-C01-BOSH-VC>

Step into the future of workplace safety with our 40-hour BOSH training, the recognized gold standard in the industry. As part of our **Occupational Health and Safety Training** programs, this course is tailored for forward-thinking professionals and goes beyond mere compliance, offering a proactive approach to safety expertise. By partnering with us, you're not just meeting industry benchmarks; you're setting them, ensuring a protected, motivated, and thriving workforce. Embrace excellence and redefine your safety standards today.

### Key Highlights of the BOSH Training:

- **Real-world Applications:** Our BOSH training focuses on practical scenarios, ensuring that participants can apply their knowledge effectively in their respective workplaces.
- **Understanding Occupational Hazards:** Delve deep into the repercussions of occupational illnesses and accidents, and design suitable treatment or control strategies for recognized hazards.
- **Promoting OSH Awareness:** Recognize the importance of robust Occupational Safety and Health (OSH) initiatives, facilitated through interactive training sessions and discussions.
- **Role of Safety Officers:** Understand the pivotal roles of safety officers in guiding the OSH program, aligning it with the strategic vision of top management.
- **Crafting an OSH Program:** Identify the core elements of an OSH program and formulate a tailored OSH reintegration plan suitable for your workplace.

## Benefits

After completing the course, participants will be equipped to:

- Detect current safety and health threats, foresee potential risks, and grasp their impact on the human physique.
- Evaluate the consequences of work-related illnesses and mishaps on their work environment, local communities, on a personal level, and among their peers.
- Develop effective measures or interventions for identified hazards.
- Appreciate the importance of solid OSH educational campaigns, delivered via interactive sessions and dialogues.
- Comprehend the crucial responsibilities of safety officers in guiding the OSH agenda in sync with the leadership's strategic direction.
- Highlight the fundamental components of an OSH framework.
- Craft a customized OSH integration strategy for their professional setting.

## Target group

This course is ideal for:

- **Business Leaders & Managers:** Grasp the significance of workplace safety and guarantee adherence to rules.
- **HR Experts:** Arm yourself with insights to foster a more secure work setting and minimize potential risks.
- **Safety Representatives & Engineers:** Refine your expertise and keep abreast of contemporary occupational safety and health trends.
- **Construction Site Leaders:** Prioritize your crew's safety by adopting top-tier practices from this course.
- **All Professionals:** Perfect for those passionate about championing and understanding safety in their work environments.

## Requirements

While this course is open to all and doesn't have any specific prerequisites, it's designed to be accessible and beneficial for everyone, regardless of their background or experience.

## Training outline

Day 1

- Session 0 : Introduction & Welcome
  - Setting & Levelling of Training Expectation
  - House Rule

- Course Objectives
- Course Requirements
- Training Methodology & Requirement
- Session 1: Module 1: Why the need for OSH?
  - OSH Situationer
  - Roles of Safety Officer
  - Intro to HIRAC (Overview of the Risk Assessment as basis of training design)
  - Difference between Safety and Health Hazards
  - Unsafe Acts and Unsafe Conditions
  - PDCA Cycle Framework
- Session 2: Module 2: Workplace Risk Assessment
  - 1 –A Hazards Identification
  - A: Hazards Identification - Safety Hazards
    - Hazards due to poor housekeeping
    - Fire hazards
    - Electrical hazards
    - Machine hazards
    - Hazards from improper materials handling
- Session 3: Module 2| 1-B Workplace Risk Assessment
  - B: Hazards Identification – Health Hazards (Industrial Hygiene)
    - Physical
    - Chemical
    - Biological
    - Ergonomics

## Day 2

- Session 0: Unfreeze & Review of Day 1
- Session 1 : Workshop 1: Hazards Identification (based on video)
- Session 2: Module 2 | 2 – Evaluation of Risks and Hazards , A: Work Environment Measurement
- Session 3: Module 2 | 2 – B: Medical Surveillance, Biological Monitoring
- Session 4: Module 2 | 2 – C: Workplace Risk Assessment, WORKSHOP 2: Risk Assessment (Continuation of Workshop 1)

## Day 3

- Session 0: Unfreeze and Review of Day 2 and key items
- Session 1: Module 2 | 3 – Development of Control Measures, A: Control Measures of Health Hazards
  - Engineering
  - Administrative

- PPE
- Session 2: Module 2 | 3 – B: Control Measures of Safety Hazards (with JHA)
  - Engineering
  - Administrative
  - PPE
- Session 3: **WORKSHOP 3: Control Measures** (Continuation of Workshops 1-2)
- Session 4: Module 3: Accident Causation: Risky Workplace and Risky Workers | Accident Investigation
  - Accident Causation review
  - Dangerous Occurrences, Imminent Danger, Work Stoppage Order
  - Accident Investigation (computation of FR/SR; Accident documentation to EC logbook)

#### Day 4

- Session 0: Unfreeze and Review of Day 3 & key items
- Session 1: Module 4: Integrating Activity
  - Conduct of OSH Inspection (Video)
  - Workshop on HIRAC
  - Presentation of workshop output
  - Analysis and Feedback
- Session 2: Module 5: Communicating OSH
  - Training of Trainers
  - Facilitation of Toolbox Meetings and OSH Committee Meetings
- Session 3: Module 6: Responses to OSH Issues and Concerns | 1 – Workplace Emergency Preparedness

#### Day 5

- Session 0: Unfreeze and Review of Day 3 & key items
- Session 1: Module 6 | 2 – Employees Compensation Program
- Session 2: Module 6 | 3 – OSH Legislations (RA 11058, DO 198-18, other OSH issuances, Rule 1960, rights of workers)
- Session 3: Module 6 | 4 – OSH Program Development
  - OSH Program Template
  - OSH Program Development workshop with DOLE
  - Reportorial requirements
- Session 4: Post Test
  - Re-entry Planning
  - OSH Realizations and Learnings
  - General Evaluation

- Closing

## Other information

For payment and other inquiries, please contact Mr. Luirey T. Ligutan, Sales Executive ([Luirey.Ligutan@tuv.com](mailto:Luirey.Ligutan@tuv.com) | +63 998-889-0630).

### ADDITIONAL INFORMATION

- The fee covers both training materials and a certificate.
- Unless otherwise mentioned in our course brochure, a 12% VAT is applied to the training fees.
- Attendees must make a 50% advance payment before the training commences.

### CANCELLATION POLICY

- TÜV Rheinland Philippines, Inc. holds the discretion to reschedule or cancel public sessions.
- If not cancelled by TÜV Rheinland Philippines, the training fees remain non-refundable.
- For cancellations made less than five days before the scheduled training, no refunds will be provided. The entire training cost will be invoiced.
- **Transferable:** If you can't make it, you're welcome to send a replacement delegate. Kindly inform us of the substitute's name and title in advance.

## Event overview and booking

Book your desired date now directly online at <https://academy-ph.tuv.com/s/PH-C01-BOSH-VC> and benefit from these advantages:

- Fast booking process
- Personal customer account
- Simultaneous booking for several participants.

Alternatively, you can use the order form to order via fax or e-mail.

# Order form Page 1/3

I HEREBY BINDING REGISTRATION FOR THE FOLLOWING SEMINAR:

## 40-Hour Basic Occupational Safety & Health (BOSH) Training Course

Seminar Number: PH-C01-BOSH-VC

Please choose an appointment you would like to book:

- 09/23/2024 - 09/27/2024**, | Event number: PH-C01-BOSH-VC-40-Hour Basic Occupational Safety & Health (BOSH) Training Course  
₹6,500.00 (Net price, plus VAT) ₹7,280.00 (Gross price, including VAT)
- 11/18/2024 - 11/22/2024**, | Event number: PH-C01-BOSH-VC-40-Hour Basic Occupational Safety & Health (BOSH) Training Course  
₹6,500.00 (Net price, plus VAT) ₹7,280.00 (Gross price, including VAT)
- 12/09/2024 - 12/13/2024**, | Event number: PH-C01-BOSH-VC-40-Hour Basic Occupational Safety & Health (BOSH) Training Course  
₹6,500.00 (Net price, plus VAT) ₹7,280.00 (Gross price, including VAT)

All further information about the dates can be found at <https://academy-ph.tuv.com/s/PH-C01-BOSH-VC>.

Please send us **all pages** of the form by fax or email to order the above seminar.

**E-mail:**  
[academy@phl.tuv.com](mailto:academy@phl.tuv.com)

**Phone:** +63 28128887

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# Order form Page 2/3

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- I am ordering as a company / public authority (business customer)

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Zip code:

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Your Tax VAT (optional):

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You can enter an internal purchase order number  
(SAP number)

## Your contact data

We use this data for order confirmation and invoicing.

Salutation:

First Name:

Last Name:

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Email Address:

Phone number:

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## Participant information

I will participate in the seminar myself (contact details as indicated above)

The following person is to participate in the seminar:

Complete only if you are not attending yourself, but another person is.

Salutation:

First Name:

Last Name:

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Email Address:

Phone number:

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Date of birth (optional):

Place of birth (optional):

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**Payment method:** Invoice

For consumers, the cancellation policy applies, which you can find under the attached terms and conditions.

I hereby accept the following general terms and conditions of the organizer (<https://academy-ph.tuv.com/terms>).

Location, date

Signature

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Please send us **all pages** of the form by fax or email to order the above seminar.

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