

# IOSH Managing Occupational Health and Wellbeing

## IOSH Managing Occupational Health and Wellbeing

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 Formation

 Disponible à tout moment

 Certificat

 E-learning

 7 heures

 Réalisable en ligne

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Référence de la formation: FR-SE61

Version: 16.03.2026. Vous trouverez toutes les informations actuelles sur <https://academie-fr.tuv.com/s/FR-SE61>

In today's workplace, employee health and wellbeing have become key strategic priorities for successful organizations. Studies consistently show that a **healthy and well-supported staff** is more productive, innovative, and engaged – driving business growth and enhancing the company's reputation.

The **IOSH Managing Occupational Health and Wellbeing** course provides managers and supervisors with the practical tools and knowledge to improve health and wellbeing across their teams. Developed and approved by IOSH, this course helps participants understand how to create a healthy, safe, and positive working environment that supports both physical and mental wellbeing.

By completing this course, you will gain a clear understanding of your responsibilities for managing health risks, promoting mental health, and fostering a wellbeing-focused culture within your organization. Ultimately, the course empowers you to contribute to a **healthier and more engaged staff** and improved overall business performance.

## Les objectifs

- Understand the strategic importance of health and wellbeing in the workplace.
- Identify health and wellbeing risks affecting employees and learn how to manage them effectively.
- Promote a positive organizational culture focused on mental health and overall wellbeing.
- Acquire practical tools to improve productivity and reduce health-related absenteeism.
- Develop a proactive approach to managing team wellbeing.

## Le public ciblé

- Managers, supervisors, and team leaders;

- Human Resources professionals;
- Anyone with responsibilities related to risk or people management;
- Individuals wishing to develop the skills needed to lead a team in a healthy and sustainable way.

## Les prérequis

There are **no formal entry requirements** for this course.

However, it is **recommended that learners have a good level of English literacy**, as all course materials and assessments are provided in English.

Previous **experience in management or health and safety** may be beneficial but is not essential.

## Le contenu de la formation

The program is divided into **four modules**:

### Module 1 – A Healthy Company

- Understand the key principles of health management.
- Identify the main health needs within an organization.
- Explore the link between employee health, performance, and business competitiveness.

### Module 2 – Health Risk Management

- Recognize the different types of workplace health hazards.
- Assess, control, and monitor associated risks.
- Implement effective preventive strategies to manage health risks.

### Module 3 – Fitness for Work

- Identify personal or medical conditions that may affect fitness for work.
- Assess and manage their impact on performance and safety.
- Adjust roles or tasks to suit employees' capabilities.

### Module 4 – Wellbeing

- Define the concept of wellbeing and understand its added value to the organization.

- Promote healthy lifestyles and positive mental health.
- Foster a workplace culture built on respect, trust, and mutual support.

## Assessment and Certification

The assessment consists of **two parts**:

### 1. Online Final Test

- **Duration:** 30 minutes
- **Format:** 20 multiple-choice questions (MCQs)
- **Objective:** To assess learners' understanding of the four course modules.

### 2. Practical Assessment

- Completion of a **workplace health risk assessment**.
- Must be completed within **two weeks after finishing the course**.

Upon successful completion of both the online test and the practical assessment, participants will be awarded the **IOSH Managing Occupational Health and Wellbeing Certificate**.

## Informations importantes

IOSH courses are offered in association with Astutis, ATC 1857.

**E-Learning:** Approximative duration 6-8 hours.

The durations indicated are approximate and based on a full learning day.

The program e-learning is delivered as a self-paced without an instructor. Participants may progress at their own pace once enrolled. Access provided to the platform is 6 months.

### Recommended equipment for accessing the Training Area:

To get the most out of your online training, make sure you have the following equipment:

Computer: PC or Mac

Internet connection: stable and good quality

Web browser: recent version of Chrome, Firefox, Edge or Safari

Office suite: OpenOffice, Microsoft Office or equivalent (spreadsheet, word processing, presentation, etc.)

PDF reader: To view your training materials

Storage: File storage capacity (hard drive, cloud, etc.)

You can contact the TÜV Rheinland team for assistance in setting up your training course.

Tip: Make sure your hardware and software are up to date for an optimal experience!

If you have a disability, please contact us before registering by sending an email to [formation@fr.tuv.com](mailto:formation@fr.tuv.com). We will do everything we can to meet your training needs.

## Aperçu des dates et réservation

Réservez dès maintenant la date de votre choix directement en ligne sur <https://academie-fr.tuv.com/s/FR-SE61> et profitez de ces avantages :

- Processus de réservation rapide
- Compte client personnel
- Réservation simultanée pour plusieurs participant(e)s.

Vous pouvez également utiliser le formulaire de commande pour commander par e-mail.

# Formulaire de commande Page 1/3

Je m'engage par ce document présent à m'inscrire à la formation suivante:

## IOSH Managing Occupational Health and Wellbeing

Référence de la formation: FR-SE61

Veillez sélectionner votre session:

**01/01/2025 - 31/12/2099**, | Référence de la session: FR-SE61  
200,00 € Prix HT 240,00 € Prix TTC

Vous trouverez toutes les informations complémentaires sur les dates sous <https://academie-fr.tuv.com/s/FR-SE61>.

Veillez nous envoyer **toutes les pages** du formulaire par e-mail pour commander le séminaire susmentionné.

**E-mail:**

[formation@fr.tuv.com](mailto:formation@fr.tuv.com)

Veillez saisir vos données de commande sur la page suivante.

# Formulaire de commande Page 2/3

- Je commande en tant que consommateur (client privé)
- Je commande en tant qu'entreprise / administration (client professionnel)

## Adresse de facturation

Nous utilisons ces données pour la confirmation de commande et la facturation.

Nom de l'entreprise ou de l'administration:

Département (optionnel):

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Rue et numéro:

Code postal:

Ville:

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Votre numéro de commande interne:

Numéro de TVA (optionnel):

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vous pouvez indiquer ici un numéro de commande interne (numéro SAP, etc.) défini par votre entreprise. Nous indiquerons ce numéro sur la facture.

## Vos coordonnées

Nous utilisons ces données pour la confirmation de commande et la facturation.

Civilité:

Prénom:

Nom de famille:

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Adresse e-mail:

Numéro de téléphone (optionnel):

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## Informations sur les participants

Je participerai moi-même au séminaire (coordonnées, comme indiqué ci-dessus).

La personne suivante doit participer au séminaire:

A ne remplir que si vous ne participez pas vous-même, mais qu'une autre personne participe.

Civilité:

Prénom:

Nom de famille:

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Adresse e-mail:

Numéro de téléphone (optionnel):

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Date de naissance (optionnel):

Lieu de naissance (optionnel):

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## Méthode de paiement: Facture

Pour les consommateurs, les informations sur le droit de rétractation s'appliquent et sont disponibles sous les CGV ci-jointes.

J'accepte par la présente les conditions générales de l'organisateur (<https://academie-fr.tuv.com/conditions-generales-vente>) décrites ci-après.

Lieu, date

Signature

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Veillez nous envoyer **toutes les pages** du formulaire par e-mail pour commander le séminaire susmentionné.

## E-mail:

[formation@fr.tuv.com](mailto:formation@fr.tuv.com)