



40-Hour Basic Occupational Safety & Health (BOSH) Training Course

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 Seminar

 6 Dates available

 Certificate of Completion

 Virtual learning

 40 Lessons

 Available online

Seminar Number: PH-C01-BOSH-VC

Status: 11.02.2025. All current information can be found at <https://academy-ph.tuv.com/s/PH-C01-BOSH-VC>

Step into the future of workplace safety with our 40-hour BOSH training, the recognized gold standard in the industry. As part of our **Occupational Health and Safety Training** programs, this course is tailored for forward-thinking professionals and goes beyond mere compliance, offering a proactive approach to safety expertise. By partnering with us, you're not just meeting industry benchmarks; you're setting them, ensuring a protected, motivated, and thriving workforce. Embrace excellence and redefine your safety standards today.

Key Highlights of the BOSH Training:

- **Real-world Applications:** Our BOSH training focuses on practical scenarios, ensuring that participants can apply their knowledge effectively in their respective workplaces.
- **Understanding Occupational Hazards:** Delve deep into the repercussions of occupational illnesses and accidents, and design suitable treatment or control strategies for recognized hazards.
- **Promoting OSH Awareness:** Recognize the importance of robust Occupational Safety and Health (OSH) initiatives, facilitated through interactive training sessions and discussions.
- **Role of Safety Officers:** Understand the pivotal roles of safety officers in guiding the OSH program, aligning it with the strategic vision of top management.
- **Crafting an OSH Program:** Identify the core elements of an OSH program and formulate a tailored OSH reintegration plan suitable for your workplace.

Benefits

After completing the course, participants will be equipped to:

- Detect current safety and health threats, foresee potential risks, and grasp their impact on the human physique.
- Evaluate the consequences of work-related illnesses and mishaps on their work environment, local communities, on a personal level, and among their peers.
- Develop effective measures or interventions for identified hazards.
- Appreciate the importance of solid OSH educational campaigns, delivered via interactive sessions and dialogues.
- Comprehend the crucial responsibilities of safety officers in guiding the OSH agenda in sync with the leadership's strategic direction.
- Highlight the fundamental components of an OSH framework.
- Craft a customized OSH integration strategy for their professional setting.

Target group

This course is ideal for:

- **Business Leaders & Managers:** Grasp the significance of workplace safety and guarantee adherence to rules.
- **HR Experts:** Arm yourself with insights to foster a more secure work setting and minimize potential risks.
- **Safety Representatives & Engineers:** Refine your expertise and keep abreast of contemporary occupational safety and health trends.
- **Construction Site Leaders:** Prioritize your crew's safety by adopting top-tier practices from this course.
- **All Professionals:** Perfect for those passionate about championing and understanding safety in their work environments.

Requirements

While this course is open to all and doesn't have any specific prerequisites, it's designed to be accessible and beneficial for everyone, regardless of their background or experience.

Training outline

Day 1

- Session 0 : Introduction & Welcome
 - Setting & Levelling of Training Expectation
 - House Rule

- Course Objectives
- Course Requirements
- Training Methodology & Requirement
- Session 1: Module 1: Why the need for OSH?
 - OSH Situationer
 - Roles of Safety Officer
 - Intro to HIRAC (Overview of the Risk Assessment as basis of training design)
 - Difference between Safety and Health Hazards
 - Unsafe Acts and Unsafe Conditions
 - PDCA Cycle Framework
- Session 2: Module 2: Workplace Risk Assessment
 - 1 –A Hazards Identification
 - A: Hazards Identification - Safety Hazards
 - Hazards due to poor housekeeping
 - Fire hazards
 - Electrical hazards
 - Machine hazards
 - Hazards from improper materials handling
- Session 3: Module 2| 1-B Workplace Risk Assessment
 - B: Hazards Identification – Health Hazards (Industrial Hygiene)
 - Physical
 - Chemical
 - Biological
 - Ergonomics

Day 2

- Session 0: Unfreeze & Review of Day 1
- Session 1 : Workshop 1: Hazards Identification (based on video)
- Session 2: Module 2 | 2 – Evaluation of Risks and Hazards , A: Work Environment Measurement
- Session 3: Module 2 | 2 – B: Medical Surveillance, Biological Monitoring
- Session 4: Module 2 | 2 – C: Workplace Risk Assessment, WORKSHOP 2: Risk Assessment (Continuation of Workshop 1)

Day 3

- Session 0: Unfreeze and Review of Day 2 and key items
- Session 1: Module 2 | 3 – Development of Control Measures, A: Control Measures of Health Hazards
 - Engineering
 - Administrative

- PPE
- Session 2: Module 2 | 3 – B: Control Measures of Safety Hazards (with JHA)
 - Engineering
 - Administrative
 - PPE
- Session 3: **WORKSHOP 3: Control Measures** (Continuation of Workshops 1-2)
- Session 4: Module 3: Accident Causation: Risky Workplace and Risky Workers | Accident Investigation
 - Accident Causation review
 - Dangerous Occurrences, Imminent Danger, Work Stoppage Order
 - Accident Investigation (computation of FR/SR; Accident documentation to EC logbook)

Day 4

- Session 0: Unfreeze and Review of Day 3 & key items
- Session 1: Module 4: Integrating Activity
 - Conduct of OSH Inspection (Video)
 - Workshop on HIRAC
 - Presentation of workshop output
 - Analysis and Feedback
- Session 2: Module 5: Communicating OSH
 - Training of Trainers
 - Facilitation of Toolbox Meetings and OSH Committee Meetings
- Session 3: Module 6: Responses to OSH Issues and Concerns | 1 – Workplace Emergency Preparedness

Day 5

- Session 0: Unfreeze and Review of Day 3 & key items
- Session 1: Module 6 | 2 – Employees Compensation Program
- Session 2: Module 6 | 3 – OSH Legislations (RA 11058, DO 198-18, other OSH issuances, Rule 1960, rights of workers)
- Session 3: Module 6 | 4 – OSH Program Development
 - OSH Program Template
 - OSH Program Development workshop with DOLE
 - Reportorial requirements
- Session 4: Post Test
 - Re-entry Planning
 - OSH Realizations and Learnings
 - General Evaluation

- Closing

Other information

For payment details and inquiries, please contact academy@ph.tuv.com. Our team will guide you through the payment process and answer any questions about schedules, content, or logistics.

ADDITIONAL INFORMATION

- Training fees include materials and a certificate.
- Unless stated otherwise, fees are subject to **12% VAT**.
- A **50% down payment** is required before the first day of training. The balance is due on or before the last day.
- We accept various payment methods; please reach out for instructions.
- **For Classroom Trainings, there will be an additional ₱ 1,000 for ancillary costs.**

CANCELLATION POLICY

- TÜV Rheinland Philippines reserves the right to postpone or cancel public courses due to valid reasons.
- Unless cancelled by TÜV Rheinland Philippines, all fees are non-refundable once registration is confirmed.
- Cancellations made five days or fewer before the training date are non-refundable; full fees will be charged.
- You may nominate a substitute delegate at no extra cost. Please provide their details at least three business days beforehand.

Event overview and booking

Book your desired date now directly online at <https://academy-ph.tuv.com/s/PH-C01-BOSH-VC> and benefit from these advantages:

- Fast booking process
- Personal customer account
- Simultaneous booking for several participants.

Alternatively, you can use the order form to order via fax or e-mail.

I HEREBY BINDING REGISTRATION FOR THE FOLLOWING SEMINAR:

40-Hour Basic Occupational Safety & Health (BOSH) Training Course

Seminar Number: PH-C01-BOSH-VC

Please choose an appointment you would like to book:

- 02/17/2025 - 02/21/2025**, | Event number: PH-C01-BOSH-VC-40-Hour Basic Occupational Safety & Health (BOSH) Training Course
€6,500.00 (Net price, plus VAT) €7,280.00 (Gross price, including VAT)
- 07/14/2025 - 07/18/2025**, | Event number: PH-C01-BOSH-VC-40-Hour Basic Occupational Safety & Health (BOSH) Training Course
€6,500.00 (Net price, plus VAT) €7,280.00 (Gross price, including VAT)
- 08/11/2025 - 08/15/2025**, | Event number: PH-C01-BOSH-VC-40-Hour Basic Occupational Safety & Health (BOSH) Training Course
€6,500.00 (Net price, plus VAT) €7,280.00 (Gross price, including VAT)
- 09/22/2025 - 09/26/2025**, | Event number: PH-C01-BOSH-VC-40-Hour Basic Occupational Safety & Health (BOSH) Training Course
€6,500.00 (Net price, plus VAT) €7,280.00 (Gross price, including VAT)
- 11/24/2025 - 11/28/2025**, | Event number: PH-C01-BOSH-VC-40-Hour Basic Occupational Safety & Health (BOSH) Training Course
€6,500.00 (Net price, plus VAT) €7,280.00 (Gross price, including VAT)
- 12/15/2025 - 12/19/2025**, | Event number: PH-C01-BOSH-VC-40-Hour Basic Occupational Safety & Health (BOSH) Training Course
€6,500.00 (Net price, plus VAT) €7,280.00 (Gross price, including VAT)

All further information about the dates can be found at <https://academy-ph.tuv.com/s/PH-C01-BOSH-VC>.

Please send us **all pages** of the form by fax or email to order the above seminar.

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For consumers, the cancellation policy applies, which you can find under the attached terms and conditions.

I hereby accept the following general terms and conditions of the organizer (<https://academy-ph.tuv.com/terms>).

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